

communityty sens

Community plus over the last several years, has been a great way for the youth and younger adults to hold space for each other in such an open and connected way, be it a big or small gesture. When the pandemic hit, and since physical gatherings have disappeared, we have needed each other more than ever and it's been a big adjustment to not connect face to face anymore. It has really been a challenge to find ways to connect and even the online gathering looks and feels different. We've had to dig deeper than we've ever had to, and be more intentional about checking in with one another.

For me, I think that I've learned to appreciate the small gestures most of all. A hand written letter, or a parcel in the post. This month, I came home to the familiar packaging, the one that tells me my Cplus family is thinking of me too. They hold an important place in my heart, and I'm so grateful for the generous and thoughtful reminder that we are all in this together still.

Shar Francis